



907 Ruthven Street
Kearney Springs QLD 4350

www.enduringcare.com.au



May | 2025

ENDURING CARE NEWSLETTER

SEEING THE ABILITY

Our Value ---

C

CARING

Here at Enduring CARE, compassion isn't just a part of our job description – it's who we are. Both as an organization and as individuals, we deeply care about our clients, striving every day to enhance their quality of life. But our caring doesn't stop there; we extend the same level of compassion to our dedicated staff and stakeholders, ensuring everyone feels supported and valued.

A

ADAPTABILITY

We understand that individuals within the disability community have diverse needs and preferences. That's why Enduring CARE prides itself on being adaptable and responsive, meeting our clients exactly where they are. Whether it's adjusting our services, implementing new approaches, or providing tailored support, we're committed to ensuring that every client receives the personalized care they deserve.

R

RESPECT

Respect forms the foundation of everything we do at Enduring CARE. From our interactions with clients and their families to our interactions with our own staff, we prioritize treating everyone with dignity and consideration. We deeply value the ideas, aspirations, beliefs, and goals of each individual, fostering an environment where everyone feels respected and empowered.

E

ENDURING

At Enduring CARE, we cherish the lasting connections our clients have with their families, communities, carers, and support staff. Recognizing and valuing our clients' strengths lies at the heart of our approach. We work tirelessly in a client-centered manner to not only identify but also build upon these strengths. By fostering enduring relationships and empowering our clients to leverage their strengths, we pave the way for sustained growth and fulfillment.

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*The client stepped out for
a peaceful morning tea,
savoring each bite of a
creamy cheesecake
alongside their warm cup.*



Dancing all the way home

There's nothing quite like the feeling of returning home, even if only for a short visit. Our client recently experienced this joy firsthand, stepping through familiar doors and embracing the warmth of home. The excitement was undeniable, and what better way to express it than through dance?

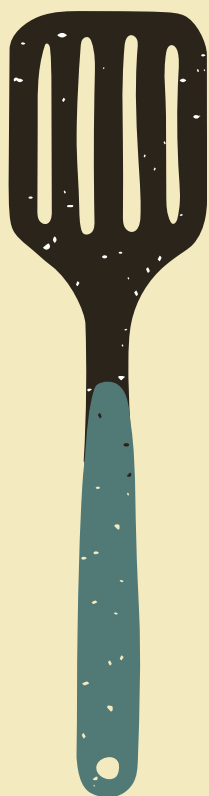
With a heart full of happiness, they twirled and moved with pure delight, celebrating the reunion with loved ones and the cherished surroundings of their home. The laughter, music, and shared moments created an atmosphere of joy and togetherness that made their visit all the more special.

Home is not just a place; it's a feeling—a sense of comfort, belonging, and love. For our client, this short but meaningful stay was a beautiful reminder of the simple pleasures that make life extraordinary. And as they danced in the embrace of home, they carried with them a renewed spirit, ready to cherish every moment until the next return.



BBQ

✦ *social* ✦



13 May
2025

Newtown Park

147 Taylor St

BBQ
Gardens
Social

HELLO *Easter*



Spring Fun at the Office: Easter Egg Hunt with Our Clients

We had an egg-cellent time celebrating spring with some of our wonderful clients during our Easter Egg Hunt event! It was a joy-filled afternoon full of creativity, laughter, and colorful surprises.

The festivities began with a fun craft activity where everyone made their very own Easter baskets — using nothing more than paper plates, markers, stickers, and a whole lot of imagination. Each basket was as unique as its creator, beautifully decorated and ready for action.

Once the baskets were complete, the real excitement began! Our office yard was transformed into an Easter wonderland, with colorful eggs hidden throughout. Clients of all ages joined in the hunt, eagerly scouring the yard for eggs filled with treats and prizes. The smiles and laughter were contagious as everyone enjoyed the thrill of the search.

We love having opportunities like this to connect with our clients outside the usual setting. It's moments like these that make our community feel more like a family.

Thank you to everyone who joined us and made this event so special — we're already looking forward to next year's hunt!





*Happy
Easter*



AFTER WEEKS OF WET WEATHER IN THE WAKE OF THE CYCLONE, OUR CLIENT IS FINALLY SOAKING UP THE SUNSHINE WITH A WELL-DESERVED BREAKFAST OUTDOORS. SIPPING COFFEE AND ENJOYING THE WARMTH ON HER FACE, SHE'S MAKING THE MOST OF THE CALM AFTER THE STORM – ONE SUNNY BITE AT A TIME.



Lemon Crepes with Almond Flakes & Maple Syrup

PREP TIME: 5 MIN COOKING TIME: 10 MIN SERVES: 4

Enjoy these delicate crepes with the zesty freshness of lemon, the nutty crunch of almond flakes & the sweet touch of maple syrup!

Ingredients

Crepes:

1 cup all-purpose flour
1 1/2 cups milk
2 large eggs
2 tablespoons melted butter
1 tablespoon sugar
A pinch of salt
1 teaspoon vanilla extract

Toppings:

2 lemons, juiced and zested
Almond flakes, lightly
toasted
Maple syrup
Icing sugar, for dusting

Directions

- 1. Make the crepe batter:** In a blender, combine the flour, milk, eggs, melted butter, sugar, salt and vanilla extract. Blend until smooth.
- 2. Cook the crepes:** Heat a non-stick pan over medium heat. Lightly grease with butter or cooking spray. Pour about 1/4 cup of batter into the pan, swirling to evenly coat the bottom. Cook for 1-2 minutes, or until the edges begin to lightly brown. Flip and cook the other side for an additional minute. Repeat with the remaining batter.
- 3. Prepare the toppings:** In a small bowl, mix lemon juice and zest. Toast almond flakes in a dry pan over low heat until golden brown.
- 4. Assemble:** Place a crepe on a plate and lightly brush with the lemon mixture. Fold or roll as desired. Drizzle with maple syrup and sprinkle with toasted almond flakes.
- 5. Dust with icing sugar:** Dust the top of the crepes with icing sugar.

Notes

- You can add a dollop of whipped cream or vanilla ice cream.
- If you like a more intense flavor, add lemon zest into the batter.



INTO HISTORY



A CLIENT RECENTLY VISITED A WAR MUSEUM AND HAD AN UNFORGETTABLE EXPERIENCE EXPLORING THE RICH HISTORY ON DISPLAY. THEY WERE FASCINATED BY THE DETAILED EXHIBITS SHOWCASING ARTIFACTS, UNIFORMS, AND STORIES FROM VARIOUS WARS. ONE OF THE HIGHLIGHTS WAS GETTING TO WALK THROUGH RESTORED MILITARY PLANES, WHERE THEY COULD SIT IN THE COCKPIT AND IMAGINE WHAT IT WAS LIKE FOR PILOTS DURING COMBAT. THE IMMERSIVE EXPERIENCE GAVE THEM A DEEPER APPRECIATION FOR THE SACRIFICES MADE AND THE TECHNOLOGICAL ADVANCEMENTS OF THE TIME.

Time for a stroll

There's nothing quite like a sunny day to inspire a refreshing walk in nature. Our client recently took full advantage of the beautiful weather with a visit to Picnic Point, a scenic spot known for its breathtaking views, peaceful walking trails, and lush greenery.

With the sun shining brightly overhead and a light breeze rustling through the trees, the conditions were perfect for a leisurely stroll. Surrounded by the beauty of nature, our client enjoyed the vibrant flowers lining the pathways, the cheerful chirping of birds, and the crisp, fresh air that filled their lungs with each step. Picnic Point is a true gem for anyone looking to relax and unwind. Whether taking in the panoramic views of the horizon, pausing to appreciate the shaded alcoves, or simply reveling in the warmth of the sun, every moment spent there feels like a retreat from the hustle and bustle of daily life.

As our client wandered through the picturesque trails, they found time to reflect, recharge, and reconnect with nature. The combination of sunlight, gentle exercise, and a serene environment left them feeling rejuvenated and at peace.

A walk at Picnic Point is more than just a simple outing—it's an opportunity to embrace the outdoors, soak in the beauty of the world around us, and find joy in life's little moments. Whether alone, with loved ones, or even with a furry companion, it's always a wonderful way to spend a sunny day.

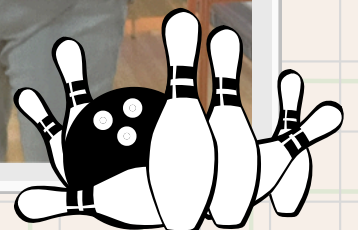
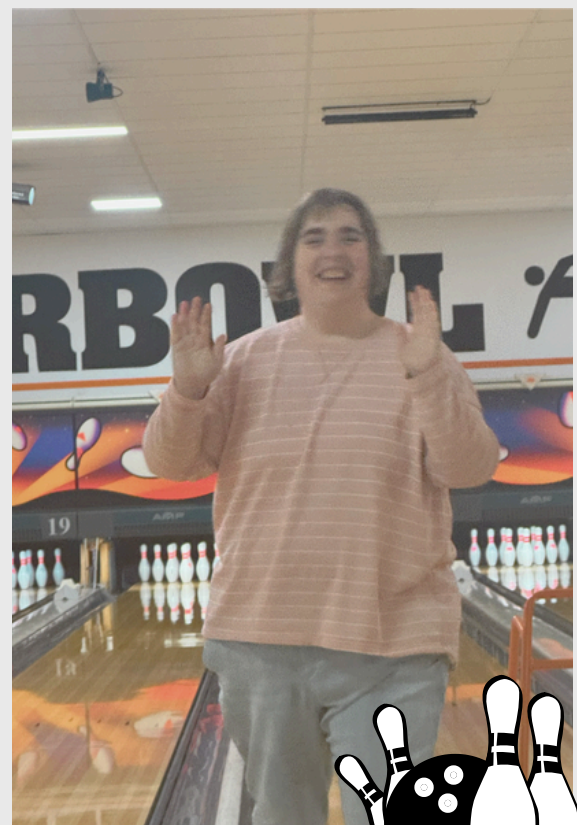




AVOID SLIPS: DO NOT CROSS THE BLACK LINE

| 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | Total |
|---|----|----|----|----|-----|-----|-----|-----|-------|
| - | X | 7 | 18 | 18 | 1 | X | X | 9 | - |
| 8 | 46 | 54 | 63 | 72 | 101 | 120 | 129 | 136 | |

Bowling Morning

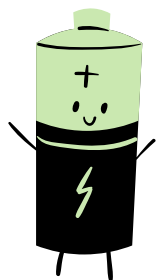


POSITIVE ADJECTIVES

WORD SEARCH

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| B | T | F | A | N | T | A | S | T | I | C | V |
| E | Y | N | Y | H | E | L | P | F | U | L | F |
| A | N | O | E | M | E | Y | R | X | A | X | B |
| U | I | E | V | I | T | I | U | T | N | I | I |
| T | M | A | D | A | T | Q | D | K | P | H | W |
| I | C | S | F | I | D | A | V | L | X | P | D |
| F | A | Q | C | L | L | O | P | J | V | R | E |
| U | L | A | R | A | K | I | R | D | J | J | T |
| L | M | S | S | Y | I | X | G | A | R | A | I |
| U | R | W | G | O | N | S | B | E | B | D | C |
| P | A | D | V | L | D | F | X | M | N | L | X |
| S | U | O | R | E | N | E | G | H | R | T | E |

"STAY POSITIVE"



ADORABLE

BEAUTIFUL

CALM

DILIGENT

EXCITED

FANTASTIC

GENEROUS

HELPFUL

INTUITIVE

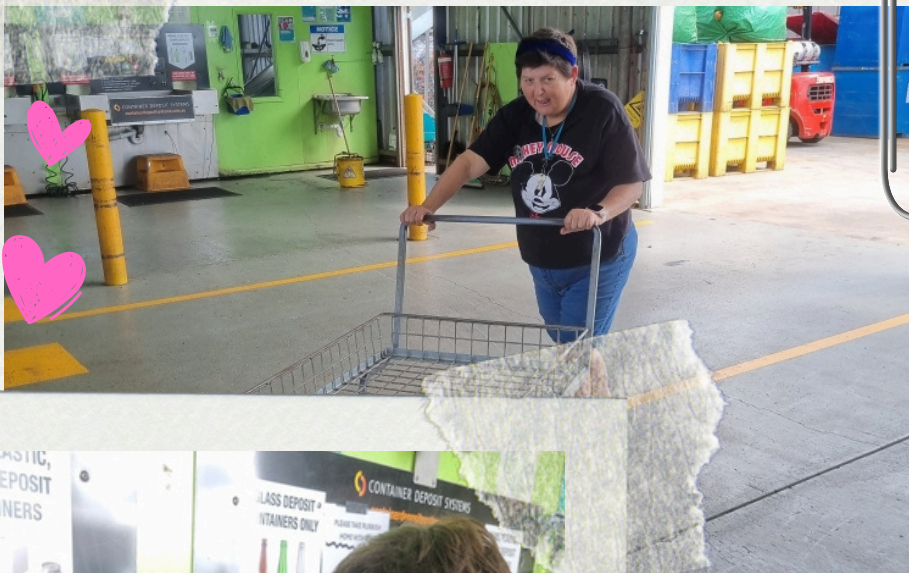
KIND

LOYAL

PATIENT



CANS FOR CHANGE



Our client recently exchanged collected cans for cash, an experience she always enjoys. With staff helping her gather the cans, she eagerly turned them in for extra pocket money. It's a rewarding process that brings both excitement and a sense of accomplishment!

Royally



Regal



culinary snaps

Local food lover is back in the kitchen, cooking up her favorite dishes with the help of her new power chair. With improved mobility and comfort, she's effortlessly slicing, stirring, and serving — proving that accessibility only adds more flavor to her passion for cooking.



Toowoomba Show SPOTLIGHTS

At the Toowoomba Show, one local attendee soaked up the sunshine, enjoying a perfect day filled with excitement and entertainment. The equestrian show was a particular favorite, with skilled riders and horses captivating the crowd. However, the entire event proved to be a highlight. From the lively atmosphere to the stunning sights, it was a day to remember — a beautiful escape after all the recent wet weather. The day truly embodied the spirit of the show and the joy of being outdoors.



BRICKS, BUILDS AND BIG SMILES AT THE TOOWOOMBA LEGO EXPO

LAST WEEKEND, CREATIVITY WAS ON FULL DISPLAY AS THE TOOWOOMBA LEGO EXPO BROUGHT TOGETHER FAMILIES, FANS, AND MASTER BUILDERS FOR A COLOURFUL AND FUN-FILLED CELEBRATION OF ALL THINGS LEGO.

OUR AMAZING CLIENT HAD THE PLEASURE OF ATTENDING THE EVENT, EXPLORING AN ARRAY OF INTRICATE DISPLAYS – FROM SPACE STATIONS AND THEME PARKS TO FANTASY CREATURES LIKE DRAGONS. THE EXPO SHOWCASED THE INCREDIBLE TALENT OF LOCAL AND REGIONAL LEGO ENTHUSIASTS, WHO Poured THEIR IMAGINATIONS INTO DETAILED AND JAW-DROPPING BUILDS. ONE OF THE HIGHLIGHTS WAS SEEING THE JOY ON VISITORS' FACES, YOUNG AND OLD, AS THEY ADMIRERD THE CREATIONS, CHATTED WITH THE BUILDERS, AND SOAKED UP THE ATMOSPHERE. IT WASN'T JUST ABOUT THE BRICKS – IT WAS ABOUT BUILDING MEMORIES AND COMMUNITY CONNECTIONS. THANK YOU TO THE EVENT ORGANISERS AND ALL THE CONTRIBUTORS FOR MAKING THE TOOWOOMBA LEGO EXPO SUCH A FANTASTIC EXPERIENCE. WE CAN'T WAIT TO SEE WHAT AMAZING BUILDS APPEAR NEXT YEAR!



SPLASH!

JOY UNDER THE MUSHROOMS

Our client recently visited the Milne Bay Aquatic and Fitness Centre in Toowoomba and made a beeline for one of her favorite spots—the mushroom water feature. As water poured from the top and gently cascaded over her, she couldn't help but smile, soaking up the refreshing splash and playful atmosphere. It was a moment of pure joy and relaxation, surrounded by laughter and the sounds of water, making it the perfect start to her visit.

MEAL



PREP



Our lovely client confidently smashed out her weekly meal prep, expanding her kitchen skills with the spiraliser and getting everything organised and labelled for the week ahead!

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review on google



SCAN ME